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An Invocation for Every Ache

Muhammad b. Hamid narrated from Khalaf b. Hammad from Khalid al-'Abasi, who said: 'Ali b. Musa, peace be upon him, taught me this invocation and said: 'Teach it to your brothers among the believers, for it is for every ache:

"I seek protection for myself in the Lord of the earth and the Lord of the heavens. I seek protection for myself in Him with Whose Name no disease causes harm. I seek protection for myself in Him Whose Name is a blessing and a healing."

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