

Helping And Seeking Help

النجد والإستنجاد

1. One who seeks help from the lowly is abased.

.. مَنِ اسْتَنْجَدَ ذَلِيلًا¹

2. One who does not help [others] is not helped.

.. مَنْ لَمْ يُنْجِدْ لَمْ يُنْجَدْ²

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