

Laws and Practices: How to Perform Wudhu and Tayammum

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Compiled by Unknown

Al-Islam.org

Article

A handy, simplified guide to how to perform ablution (wudhu) or tayammum.

How to Perform Wudhu and Tayammum

“O Believers! When you prepare for prayers, wash your faces and your hands up to the elbows, and wipe your heads, and your feet to the ankles ... and [if you] do not find water then betake yourselves to clean earth and wipe your faces and your hands with it.” (Holy Qur'an: Chapter 5, Verse 6

Prior to performing the daily prayers, and as a recommended or obligatory prerequisite to other acts of worship, Muslims must purify themselves – this is usually done with water. The minor form of this purification with water is called *Wudhu*, while the major form is called *Ghusl*. If water is not available, the purification can be performed with clean earth or soil, and is called *Tayammum*.

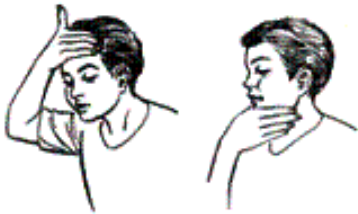
When to Perform Wudhu

Every Muslim must be in a state of spiritual purification before performing the daily obligatory prayers. The same state of purification must also be achieved before numerous other acts of worship, such as optional prayers, touching the script of the Qur'an and the rites of the pilgrimage (*hajj*) can be performed. In most cases, it is sufficient to perform *Wudhu* in order to achieve this purification. However, at other times, a *Ghusl* must be performed. Please note that *Ghusl* is not covered in this Fact Sheet.

How to Perform Wudhu

Niyya: Make your intention as, "I am performing *Wudhu* for the pleasure of Allah, and to seek closeness to Him".

Washing the face: First, remove anything on the face (and hands) that may prevent water from reaching the skin before beginning *Wudhu* (physical items such as a watch, ring, etc... or even things such as paint or anything which would act as a barrier over the skin). Take a handful of water in the right hand and pour this water over the face from the top (just above the forehead). Then using the right hand, wipe the face from the tip of where the hair-line is to the bottom of the chin such that the water reaches all parts from the hairline to chin, and the entire horizontal plane of the face within the reach of the span of the hand from the middle finger to the thumb. To ensure that all external parts have been washed, include a bit of the inner parts of your nose, lips, and eyes in the washing. You do not, however, need to wash the complete inner portion of these parts. Washing once as described above is obligatory. A second such washing is recommended while subsequent washings are prohibited.

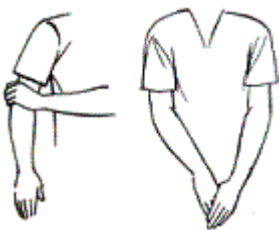


Washing the arms: Using the left hand, pour water over the right arm from the elbow to the finger-tips and then, with the same hand, wipe the water over both sides of the arm to ensure that all parts are washed. Then do the same with the left arm by using the right hand. The washing must be done from the elbows to the fingertips and not vice versa. Pour water from a little above the elbow to ensure that the whole forearm is covered. Wash in such a way that the water penetrates the hair, if any, and reaches the skin. Again, washing once as described above is obligatory. A second such washing is recommended while subsequent washings are prohibited.

Regarding washing of the face and hands:

- Wash by pouring water from top to bottom. Washing the other way will invalidate your *Wudhu*.

In general, wash a little beyond the required limit in order to make sure all parts are covered.



Wiping the head: Next, wipe the front most quarter of the head with the moisture that remains in your right hand. Wipe from the upper part of the head downwards (from the back of the head towards the face). It is recommended to wipe the length of at least one finger. Wiping can be done with one finger only; however it is recommended to use three fingers together (the middle finger, index finger and ring finger). The moisture must reach the scalp however if the hair is so short that it cannot be combed, it is sufficient to wipe your hair. While wiping the head, your hand should not touch your forehead. Doing otherwise will cause the water of the forehead to mix with the wetness of your hand, and this will render the act of wiping your right foot invalid, since the act of wiping must be done with the wetness of the hands only.



Wiping the feet: Finally, wipe your feet with the moisture that remains in your hands. Wipe starting from the tip of any toe up till the ankle joint. Wipe your right foot with your right hand, and your left foot with your left hand. It is better to wipe at least the width of three joined fingers (the middle finger, index finger

and ring finger), and better yet to wipe your entire foot with your entire hand. At the time of wiping the foot, actually pull the hand from toes to the ankle joint (as described above) along the length of the toe-tips till the ankles. Do not just place your whole hand on your foot and pull up a little. Please note that wiping of the feet performed on socks or shoes is not valid except in unusual circumstances.



Regarding wiping of the head and feet:

- While wiping your head and feet, move your hand over them. Keeping your hand stationary and moving your feet / head under your hand will invalidate your *Wudhu*. However, there is no harm if your head and feet move slightly during the wiping.
- The parts you are wiping must be dry before you begin wiping, and if they are so wet that the moisture on your palm has no effect on them, the wiping will be void. Slight dampness on the part you are wiping is permissible as long as the moisture of the palm is immediately mixed with it when wiping.

Wiping must be done with the moisture remaining on the palms after washing. Do not re-wet your hands with new water, or mix the moisture on the palms with water from other organs of *Wudhu*. In the case where the palms become dry before wiping, the palms can be re-wet with water from the beard, moustache, eyebrows, or the other organs of *Wudhu*.

When to Perform Tayammum

Perform *Tayammum* in place of *Wudhu* or *Ghusl* when:

1. Not enough water is available for *Wudhu* or *Ghusl*.
2. Obtaining water for *Wudhu* will endanger your life or property or you are unable to procure water by any means.
3. Using the available water will leave insufficient water for drinking and pose a risk of dying of thirst or illness, or difficulty for yourself or your dependents.
4. Washing your face and hands with water will endanger your health.
5. Water is available but you do not have permission to use it.
6. There is a risk that performing *Wudhu* or *Ghusl* will cause the time of the entire or a part of the prayer to end.

7. If the body or clothing is ritually impure (*najis*) and the person possesses only as much water so that if he was to perform *Wudhu* or *Ghusl*, no more water would be available for making his body or clothing pure for prayer.

How to Perform Tayammum

Niyya : Make your intention as, "I am doing *Tayammum* in place of *Wudhu* (or *Ghusl*), for the pleasure of Allah and to seek closeness to Him."

Step 1 : Strike the palms of both hands simultaneously on earth, sand, or stone (in order of preference) which is dry and clean. (**Figure 1**)



Figure 1

Step 2 : Pull both palms together from the beginning of the forehead where the hair grows down to the bridge of the nose. Both sides of the forehead joining the ears and over the eyebrows should be included. (**Figures 2 and 3**)



Figure 2



Figure 3

Step 3 : Then pull the left palm on the whole back of the right hand from the wrist bone to the fingertips. (**Figure 4**)



Figure 4

Step 4 : Then pull the right palm on the whole back of the left hand.

Step 5 : Strike the palms together upon a valid surface a second time as in Step 1.

Step 6 : Repeat Step 3.

Step 7 : Repeat Step 4.

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