

Menopause

Most women stop menstruating between the ages of 45 to 55, which is called Menopause.

Sayyids (women from the progeny of our Holy Prophet (SAWA)) may see haidh up until the age of 60 as per the Lunar Calendar.

BUT Non Sayyids (a woman whose father is not a Sayyid, even if her mother is Sayyid) may see their periods up until the age of 50 as per the Lunar Calendar (Which is approximately 48 ½ years Solar Calendar).

As per Imam Khomeini if a Sayyid woman sees blood after the age of 60 Lunar years, even though the blood seen is in her days of habit (haidh), she should consider this blood to be istihadha. She should follow all the rulings that apply to her. (Please check the Istihadha Section to see what type of istihadha she is experiencing).

Similarly as per Imam Khomeini if a Non Sayyid sees blood after the age of 50 Lunar Years, even though the blood seen is in her days of habit (haidh), she should consider this blood to be istihadha. She should follow all the rulings that apply to her. (Please check the Istihadha Section to see what type of istihadha she is experiencing).

Note: *As per Ayatullah Seestani a woman may see haidh up until the age of 60 Lunar years (Which is approximately 58 years and 3 months solar calendar). However, Its ihtiyat-e-mustahab for a Non Sayyid woman between the ages of 50 to 60 Lunar years who sees blood every month to do ‘Jum`’ (Check Scenario’s (5 thru 6) of Ayatullah Seestani ruling)*

[Scenarios \(1 thru 4\) as per Imam Khomeini](#)

Scenario 1: A Non Sayyid woman who is 42 Lunar years has been seeing blood continuously for a month. She thinks that she should have menopause by now. What is the ruling as per Imam Khomeini?

Answer: First of all she is a Non Sayyid, she is not yet reached to the age of 50 Lunar years, and therefore she still has time for reaching menopause. Since she is seeing blood and is not 50 yet, she will

not be considered as having reached menopause. As a result the days of her habit would be haidh and all the other days would be istihadha.

Scenario 2: A Non Sayyid woman who is 51 Lunar Years has been seeing blood around the time of her days of habit (haidh). What is the ruling as per Imam Khomeini?

Answer: After the age of 50 (Lunar) as per Islamic Jurisprudence a Non Sayyid woman is in Menopause. If she sees any blood even though it might have the signs of haidh etc she should consider it as istihadha. She should follow all the rulings that apply to her. (Please check the Istihadha section to see what type of istihadha she is experiencing).

Scenario 3: A Sayyid woman who is 55 Lunar years. She has been seeing blood continuously for a month. She thinks that she should have menopause by now. What is the ruling as per Imam Khomeini?

Answer: First of all she is a Sayyid, she has not yet reached to the age of 60 Lunar years, and she still has time for reaching menopause. Since she is seeing blood and is not 60 yet, she will not be considered as having reached menopause. As a result the days of her habit will be haidh and all the other days will be istihadha.

Scenario 4: A Sayyid woman who is 61 Lunar Years has been seeing blood around the time of her days of habit (haidh). What is the ruling as per Imam Khomeini?

Answer: After the age of 60 (Lunar) as per Islamic Jurisprudence a Sayyid woman is in Menopause. If she sees any blood even though it might have the signs of haidh etc she should consider it as istihadha. She should follow all the rulings that apply to her. (Please check the Istihadha section to see what type of istihadha she is experiencing).

Scenarios (5 thru 6) as per Ayatullah Seestani

Scenario 5: A Non Sayyid woman who is 52 Lunar years. She has been seeing blood continuously for a month. She thinks that she should have menopause by now. What is the ruling as per Ayatullah Seestani?

Answer: This woman should treat the days of her habit as haidh and the rest istihadha because this woman is not 60 lunar years yet. However Ayatullah Seestani says that this woman can do Jum` in the days of haidh, if she wishes.

Scenario 6: A Non Sayyid woman who is 61 Lunar Years has been seeing blood around the time of her days of habit (haidh). What is the ruling as per Ayatullah Seestani?

Answer: After the age of 60 (Lunar) as per Islamic Jurisprudence a Non Sayyid or Sayyid woman is in Menopause. If she sees any blood even though it might have the signs of haidh etc she should consider

it as istihadha. She should follow all the rulings that apply to her. (Please check the Istihadha Section to see what type of istihadha she is experiencing).

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