

## Question 16: The Harmful Effects of Pork on the Health of a Person

**Question:** What is the harm in eating pork, that Islam has prohibited it, whereas Christians consume it with delight?

**Answer:** The present age has realized that pork has many unimaginable dangerous effects. One who eats pork is affected in a dangerous way. It is also bad from the ethical point of view, which comes into existence with the Hormones, and also many more health matters. Here we will point to one harm, a disease called Trichinosis; whose cure has not been found and it is interesting to know that whatever you are going to read below is an article from an American research center which was sent to us through Dr. Muhammad Gufrani.

### [A dangerous disease caused by pork](#)

The doctors of Health centers have received reports from patients who have trichinosis and now this report shows that this disease has spread a great deal and the incidence of this in the society is much more than it was thought.

Trichinosis is a common disease caused due to a small hair-like worm, which itself is a type of earthworm. This worm lives in pigs and other animals. It is possible that those who give milk to their young ones, by eating pork may contract this disease. But in this case human beings are more prone to this disease. For example bear by eating the intestine of the pig gets this disease and hunters who use the meat of bear also get this disease.

Generally when a person eats meat that is not cooked properly he gets infected by this disease. No one can say surely that pork used by him was properly cooked as now also we see the incidence of those who are using it. Before consuming pork, it was prepared with some ingredients to remain safe from the worms, the writer of the article has pointed towards it in the end.

From the above said article we come to know that more than twenty millions of people are ingesting these worms into their body. Only one group from them has been diagnosed, but there are thousands of incidences, which are not known to the doctors. It is expected that more than twenty millions of people are infected with this disease and 16,000 have publicly announced their illness, from which 5% have died due to the severity.

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