

Redressing Grievances

Islam has emphasized on believing brothers resolving each other's pains and sorrows. Sometimes just a thought engrosses one to such an extent that all roads in front of him seem to be shut. There is darkness all around. A great sorrow has engulfed his heart. His smile has vanished and his face has turned pale. It is a disturbing and problematic situation. At this moment, if someone talks in a loving manner, eases the burden, reduces the pain, spreads calm over worried faces then this carries a great reward near Allah. The Holy Prophet (s.a.w.a.) says:

“One who relieves a Muslim of one of the difficulties of this world, Allah will relieve him from the difficulties of the hereafter. When a servant is busy helping his brother, Allah becomes his Helper and Aide.”

Imam Ja'far Sadiq (a.s.) says:

“One who dispels a (worldly) difficulty of a believer, then Allah will save him from the difficulties of the hereafter and he will rise from his grave in a state that he will have tranquility in the heart. And the one who feeds anyone who is hungry, Allah will feed him with the fruits of Paradise. And the one who quenches the thirst of someone, Allah will make him drink from the exquisite drink (of Paradise).” [1](#)

Imam Ja'far Sadiq (a.s.) has also narrated the following tradition:

“If a believer dispels the calamity of another believer while he himself is in difficulty, Allah shall make his desires of this world and the hereafter easy for him and the one who covers a fault of a believer which he fears, Allah shall cover 70 of his faults of the world and hereafter and till the time a believer remains a helper for his believing brother Allah will remain his helper. Then take advantage of the admonishment and long for goodness.” [2](#)

The following is indeed a great tradition from Imam Muhammad Baqir (a.s.):

“If anyone of you brings joy to a believer and dispels his pains and sorrows, then he has not just driven away his pains and sorrows, rather he has pleased us. No, by Allah, he has pleased the Messenger of Allah (s.a.w.a.).” [3](#)

It is clear from the above two traditions that relieving a person from his sorrows, dispelling the troubles of a troubled person, comforting a disturbed person and cheering up gloomy faces are so important to Allah the High. These acts carry extensive rewards near Allah the Almighty and the Prophet (s.a.w.a.).

[1.](#) Al-Kaafi, v. 2, p. 199

[2.](#) Al-Kaafi, v. 2, p. 200

[3.](#) Musadaqat al-Ikhwaan, p. 60

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