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Lifestyle

Lifestyle العَيشُ

The Most Wholesome Lifestyle

أهنَأُ العَيشِ

1ـ الإمامُ عليٌّ (عَلَيهِ السّلامُ): أهنَى العَيشِ اطّراحُ الكُلَفِ ـ

1– Imam Ali (a.s.) said, 'The most wholesome lifestyle is achieved through throwing out unnecessary expenses.'[Ghurar al-Hikam, no. 2964]

2ـ الإمامُ عليٌّ (عَلَيهِ السّلامُ): أطيَبُ العَيشِ القَناعَةُ ـ

2– Imam Ali (a.s.) said, 'The most pleasant [type] of life is [a life of] contentment.'[Ghurar al-Hikam, no. 2918]

3ـ الإمامُ عليٌّ (عَلَيهِ السّلامُ): أنعَمُ النّاسِ عَيشا مَن مَنَحَهُ اللّهُ سُبحانَهُ القَناعَةَ، وأصلَحَ لَهُ زَوجَهُ ـ

3– Imam Ali (a.s.) said, 'The man with the most comfortable lifestyle is he whom Allah, Glory be to Him, has granted contentment and to whom he has given a virtuous wife.' [Ghurar al-Hikam, no. 3295]

4ـ الإمامُ الصّادقُ (عَلَيهِ السّلامُ): لا عَيشَ أهنَأُ مِن حُسنِ الخُلقِ ـ

4– Imam al-Sadiq (a.s.) said, 'There is no lifestyle more wholesome than [living] good-naturedly.' ['Allal al-Shara' i'a, p. 560, no. 1]

Factors Which Spoil One's Lifestyle

ما يُكَدِّرُ العَيشَ

5ـ الإمامُ الصّادقُ (عَلَيهِ السّلامُ): ثَلاثَةٌ تُكَدِّرُ العَيشَ: السُّلطانُ الجائرُ، والجارُ السَّوءُ، والمَرأةُ البَذِيَّةُ

5– Imam al-Sadiq (a.s.) said, 'Three things spoil one's lifestyle an oppressive ruler, a bad neighbour, and a loathsome wife.'[Tuhaf al-'Uqul, no. 320]

6ـ الخصال الإمامُ الصّادقُ (عَلَيهِ السّلامُ): خَمسُ خِصالٍ مَن فَقَدَ واحِدَةً مِنهُنَّ لَم يَزَلْ ناقِصَ العَيشِ زائلَ العَقلِ مَشغولَ القَلبِ، فأوَّلُها: صِحَّةُ البَدَنِ، والثّانِيَةُ: الأمنُ، والثّالِثَةُ: السَّعَةُ في الرِّزقِ، والرّابِعَةُ: الأنيسُ المُوافِقُ ـ [قال الراوي :] قُلتُ: وما الأنيسُ المُوافِقُ ؟ قالَ: الزَّوجَةُ الصّالِحَةُ، والوَلَدُ الصّالِحُ، والخَليطُ الصّالِحُ ـ والخامِسَةُ: وهِيَ تَجمَعُ هذِه الخِصالَ: الدَّعَةُ .

6– Imam al-Sadiq (a.s.) said, 'There are five things which if one where to lose just one of them it would render his life incomplete, his intellect short-lived, and his heart preoccupied. The first of these is health of the body; the second is security; the third is ample sustenance; the fourth is a compatible companion. [The narrator says], 'I asked, 'What is a compatible companion' to which he replied, 'The virtuous wife, the virtuous son and the virtuous friend. And the fifth one, which sums up these four things, is mild-temperedness.'[al-Khisal, p. 284, no. 34]

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