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On Egg-Plant

Abu al-Hasan al-Mu'alla Sajjada narrated from Abu al-Khayr al-Razi from Muhammad b. 'Isa from Muhammad b. Yaqtin from Sa'd b. Muslim from Abu al-'Azz al-Nahhas from Ibn Abu Ya'qub, who said Abu 'Abd Allah, peace be upon him, said: "Eat egg-plant. It is a cure for every illness."

On his authority, with the same chain of transmission, that he said: "Egg-plant is good for the black bile and is not harmful for the yellow bile."

From Al-Ridha', peace be upon him, he used to say to one of his stewards: "Give us egg-plant, for it is hot in the cold and cool in the heat, suitable at all times, and good in every condition." He said: I heard him say: "Mountain balm (*al-badharuj*) for us and watercress (*al-jirjir*) for the Banu Umayya; cupping on Monday for us and on Tuesday for the Banu Umayya."

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