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On Quince

Al-Khidr b. Muhammad narrated from ‘Ali b. al-‘Abbas al-Khurrazi from Ibn Faddal from Abu Basir from al-Sadiq, peace be upon him, from his father from his grandfather from Amir al-Mu’minin who said: “Eating quince increases a man's strength and removes his weakness.”

Al-Ash’ath b. ‘Abd Allah b. al-Ash’ath [narrated] from Ibn Muhammad al-Ash’ath b. Qays al-Kindi from Ibrahim b. al-Mukhtar from Ibn al-Mukhtar b. Abu ‘Ubayda from Muhammad b. Sinan from Talha b. Zayd, who said: I asked Abu ‘Abd Allah, peace be upon him, about cupping on a Saturday. He said: “It causes weakness.” I said: “My illness is from my weakness and lack of strength.” He said: “Then eat sweet quince with its seed, for it strengthens the weakness and makes fragrant and purifies the abdomen.”

From him, peace be upon him, that he said: “In quince there is a quality not found in other fruits. I said: “And what is that?” He said: “It emboldens the coward from the knowledge of the prophets, blessings be upon all of them.”

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