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On Throbbing Blood-Vessels

Ahmad b. Muhammad b. al-Jarud narrated from Muhammad b. 'Isa from Dawud b. Razin, who said: I complained to Abu 'Abd Allah al-Sadiq, peace be upon him, and said: 'O son of the Messenger of Allah, yesterday one of my blood vessels throbbed and I waited until it was morning and came to you seeking help.' He replied: 'Put your hand on the place which is throbbing and say three times: "Allah, Allah, Allah, my Lord in truth," and it will abate at once.'

From al-Mufaddal b. 'Umar al-Ju'fi from Abu 'Abd Allah al-Sadiq, peace be upon him, who said: 'Learn from me, O Mufaddal, an invocation for all pains from throbbing blood-vessels and other things. Say: "In the Name of Allah, and by Allah, how many are the blessings of Allah in a blood vessel which is quiet (*sakin*) and one which is not (*ghayr sakin*), on a grateful servant and an ungrateful one." Then take your beard (*al-lihya*) by your right hand after the obligatory prayer and say three times: "O Allah, remove my distress and hasten my recovery and take away my injury." Endeavour to accompany that with tears and weeping.'

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