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Rage

Rage الحدَّة

1. Rage is a bout of insanity because its possessor regrets [afterwards], but if he does not feel regret, then his insanity is firmly established.

ـ اَلحِدَّةُ ضَرْبٌ مِنَ الجُنُونِ، لأنَّ صاحِبَها يَنْدَمُ، فَإِنْ لَمْ يَنْدَمْ فَجُنُونُهُ مُسْتَحْكَمٌ1

2. Repel [your] rage, think about the proof and protect yourself from nonsense - you will be safe from slip-ups.

ـ دَعِ الحِدَّةَ، وتَفَكَّرْ فِي الحُجَّةِ، وتَحَفَّظْ مِنَ الخَطَلِ تَأمَنِ الزَّلَلَ2

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