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Shortness of Breath

Abu Ja'far Ahmad b. Muhammad narrated from Abu Muhammad b. Khalid from Muhammad b. Sinan al-Sinani from al-Mufaddal b. 'Umar, who said: I asked Abu 'Abd Allah, peace be upon him, "O son of the Messenger of Allah, severe shortness of breath (*al-rabw*) afflicts me when I walk so that I sometimes have lo rest twice between my house and yours." He replied: "O Mufaddal, drink the urine of milch camels." He [al-Mufaddal] said: I drank that and Allah removed my illness.

Ibrahim b. Sirhan al-Mutatabbib narrated from 'Ali b. Asbat from Hakim b. Miskin from Ishaq b. Isma'il and Bishr b. 'Ammar, both of whom said: We came to Abu 'Abd Allah, peace be upon him, and Yunus had been afflicted with 'the evil disease' (*al-da' al-khabith*). We sat before him and said: "'May Allah be good to you, we have been afflicted with a misfortune, the like of which has never afflicted us before." He [Abu 'Abd Allah] asked: "And what is that?" So we acquainted him with the story. He said to Yunus: "Rise and purify yourself. Pray two *rak'as*, then praise Allah and extol Him, and bless Muhammad and his Ahl al-Bayt.

Then say: 'O Allah, O Allah, O Allah; O Merciful, O Merciful, O Merciful; O Compassionate, O Compassionate, O Compassionate; O Single, O Single, O Single; O One, O One, O One; O Refuge, O Refuge, O Refuge; O Most Merciful of the merciful, O Most Merciful of the merciful O Most Merciful of the merciful; O Most Powerful of the powerful, O Most Powerful of the powerful, O Most Powerful of the powerful; O Lord of the Worlds, O Lord of the Worlds, O Lord of the Worlds; O Hearer of supplications, O Revealer of blessings, O Bestower of favours, bless Muhammad and his family and grant me the good of this world and the good of the next, and avert from me the evil of this world and the evil of the next. Remove what is in me, for the matter has vexed me and grieved me.'"

He said: I did what al-Sadiq, peace be upon him, instructed, and by Allah, we had not left Medina when it was removed from me.

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