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The Spirit

The Spirit الرُّوح

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الرُّوحُ

.. الإمامُ الصّادقُ (عَلَيهِ السّلامُ): إنّ الأرواحَ لا تُمازِجُ البَدَنَ ولا تُواكِلُهُ ، وإنّما هِي كِلَلٌ لِلبَدَنِ مُحِيطَةٌ به1

1– Imam al-Sadiq (a.s.) said, 'Verily the spirits neither merge with the body nor are they independent of it. Rather they are like a thin veil surrounding the body.'[Bihar al-Anwar, v. 61, p. 40, no. 11]

.. الإمامُ الصّادقُ (عَلَيهِ السّلامُ): الرُّوحُ جِسمٌ رَقِيقٌ قد أُلبِسَ قالَبا كثيفا2

2– Imam al-Sadiq (a.s.) said, 'The spirit is a subtle form that envelopes a dense shell [i.e. the body].'[Bihar al-Anwar, p. 34, no. 7]

Spirits are Pre-Mobilized Groups

الأرواحُ جُنودٌ مُجَنَّدَةٌ

.. رسولُ اللهِ (صَلَّيَ اللهُ عَلَيهِ وَ آلِهِ): الأرواحُ جُنودٌ مُجَنَّدَةٌ ، فما تَعارَفَ مِنها ائتَلَفَ ، وما تَناكَرَ مِنها اختَلَفَ3

3– The Prophet (S) said, 'Spirits are pre-mobilized groups [from their conception in the pre-material world, and by virtue of their nature (ed.)] in that they are mutually attracted to other spirits that they are

in harmony with, and they mutually repel those that they clash with.'[Kanz al-'Ummal, 24660]

4ـ الإمامُ عليٌّ (عَلَيهِ السّلامُ): المَوَدَّةُ تَعاطُفُ القُلوبِ في ائتِلافِ الأرواحِ.

4– Imam Ali (a.s.) said, 'Love is when hearts harbour mutual affection due to the harmony between their spirits.'[Ghurar al-Hikam, no. 2057]

5ـ كنز العمّال عن شقيق بن سلمة: جاءَ رجُلٌ إلى عَلِيٍّ وكَلَّمَهُ ، فقالَ في عُرضِ الحديثِ: إنّي أُحِبُّكَ ، فقالَ لَهُ عَلِيٌّ: كَذَبتَ . قالَ: لِمَ يا أميرَ المؤمنينَ ؟ قالَ: لأنّي لا أرى قَلبِي يُحِبُّكَ ، قالَ النبيُّ (صَلَّيَ اللهُ عَلَيهِ وَ آلِهِ): إنّ الأرواحَ كانَت تَلاقى في الهَواءِ فَتَشامُّ ، ما تَعارَفَ مِنها ائتَلَفَ ، وما تَناكَرَ مِنها اختَلَفَ . فلَمّا كانَ من أمرِ عَلِيٍّ ما كانَ ، كانَ مِمَّن خَرَجَ عليهِ.

5– Shaqiq b. Salama narrated that a man once came to Imam Ali (a.s.) and was talking to him. In the course of the conversation, he told Imam Ali (a.s.) that he loved him. Imam replied, 'That is not true.' The man asked, 'Why, O Commander of the Faithful?' He replied, 'Because I do not find my heart loving you, and the Prophet (S) said, 'Verily spirits meet each other in the air and sense each other, and those that are in harmony with each other are mutually attracted, and those that clash repel each other.'[Kanz al-'Ummal, no. 25560]

The States of the Spirit

أحوالُ الرُّوحِ

6ـ الإمامُ عليٌّ (عَلَيهِ السّلامُ): إنّ لِلجِسمِ سِتَّةَ أحوالٍ: الصِّحّةُ ، والمَرضُ ، والمَوتُ ، والحَياةُ ، والنَّومُ ، واليَقَظَةُ ، وكذلكَ الرُّوحُ ، فحياتُها عِلمُها ، ومَوتُها جَهلُها ، ومَرَضُها شَكُّها ، وصِحَّتُها يَقِينُها ، ونَومُها غَفلَتُها ، ويَقَظَتُها حِفظُها.

6– Imam Ali (a.s.) said, 'The body experiences six different states: health, sickness, death, life, sleep and wakefulness, and so does the spirit. Its life is its knowledge and its death ignorance; its sickness is doubt whereas its health is certainty; its sleep is its negligence and its wakefulness is its consciousness.'[Bihar al-Anwar, v. 61, p. 40, no. 10]

The Spirit During Sleep

الرُّوحُ عِندَ النَّومِ

7، ـ الإمامُ الصّادقُ (عَلَيهِ السّلامُ) ـ عندما سَأَلَه أبو بصيرٍ عن الرُّوحِ عِندَ النَّومِ أخارِجٌ مِن البَدَنِ؟ ـ: لا يا أبا بصيرٍ ، فإنَّ الرُّوحَ إذا فارَقَتِ البَدَنَ لَم تَعُدْ إلَيهِ ، غَيرَ أنّها بمَنزِلَةِ عَينِ الشَّمسِ مَركُوزَةٌ في السماءِ في كَبِدِها ، وشُعاعُها في الدنيا.

7– Imam al-Sadiq (a.s.), when asked by his companion Abu Basir whether the spirit remains with the body during sleep or leaves it, replied, 'No, O Abu Basir, verily if the spirit were to leave the body it would never again return to it. It is actually like the sun that is fixed in its place in the centre of the sky, yet its rays extend out to the earth.'[Jami'a al-Akhbar, p. 488, no. 1360]

8ـ الإمامُ الكاظمُ (عَلَيهِ السّلامُ): إنّ المَرءَ إذا نامَ فإنّ رُوحَ الحَيَوانِ باقِيَةٌ في البَدَنِ ، والذي يَخرُجُ مِنهُ رُوحُ العَقلِ

8– Imam al-Kazim (a.s.) said, 'When man sleeps, the animal spirit within him remains with his body, and that which leaves it is the rational spirit.'[Bihar al-Anwar, v. 61, p. 43, no. 19]

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