Al-Islam.org
Ahlul Bayt Digital Islamic Library Project
Published on *Al-Islam.org* (https://www.al-islam.org)

The Stomach And The Private Parts

The Stomach and the Private Parts البطنُ والفرج

1. Protect your stomach and your private parts from what is forbidden.

إحْفَظْ بَطْنَكَ وفَرْجَكَ مِنَ الحَرامِ1 ..

2. Protect your stomach and your private parts, for in these two lie your trials [and afflictions].

إحْفَظْ بَطْنَكَ وفَرْجَكَ فَفيهِما فِتنَتُكَ2 ..

3. A man's stomach is his enemy.

بَطْنُ المَرْءِ عَدُوُّهُ3 ..

4. How far is goodness from the one whose efforts are [solely] for his stomach and private parts!

ما أبْعَدَ الخَيرَ مِمَّنْ هِمَّتُهُ بَطْنُهُ وفَرْجُهُ4 ..

5. The most detested servant in the sight of Allah, the Glorified, is the one whose concern (and effort) is [solely] for his stomach and his private parts.

أمْقَتُ العِبادِ إلَى اللّهِ سُبْحانَهُ مَنْ كانَ هَمُّهُ (هِمَّتُهُ) بَطْنُهُ وَفَرْجُهُ5 ..

Source URL:
https://www.al-islam.org/ghurar-al-hikam-wa-durar-al-kalim-exalted-aphorisms-and-pearls-speech/stomach-and-private-parts#comment-0