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## Disapproval of Taking Medications except When Required

Al-Muzaffar b. 'Abd Allah al-Yamani narrated from Muhammad b. Yazid al-Ashhali from Salim b Abu Khaythama from al-Sadiq, peace be upon him, who said: 'He whose good health overcomes his illness and then drinks medications has helped [his health to work] against itself.'

Ayyub b. Hariz narrated from Abu Hariz b. Abu al–Ward from Zur'a from Muhammad al–Hadrami and from Sama'a b. Mihran, who said: Abu 'Abd Allah al–Sadiq, peace be upon him, said to me concerning a man who had an illness and was instructed to drink urine (al–bawl). 'He should not drink it.' I said: 'He is compelled to drink it.' He [al–Sadiq] replied: 'If he is compelled to drink it and finds no medicine for his illness, then let him drink his urine. As for the urine of others, no.'

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