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Fasting and the Month of Ramadan

[2: 183] O you who believe! Fasting is prescribed for you, as it was prescribed for those before you, so that you may guard (against evil).

[2: 184] For a certain number of days; but whoever among you is sick or on a journey, then (he shall fast) a (like) number of other days; and those who are not able to do it may effect a redemption by feeding a poor man; so whoever does good spontaneously it is better for him; and that you fast is better for you if you know.

[2: 185] The month of Ramadan is that in which the Quran was revealed, a guidance to men and clear proofs of the guidance and the distinction; therefore whoever of you is present in the month, he shall fast therein, and whoever is sick or upon a journey, then (he shall fast) a (like) number of other days; Allah desires ease for you, and He does not desire for you difficulty, and (He desires) that you should complete the number and that you should exalt the greatness of Allah for His having guided you and that you may give thanks.

[2:187] It is made lawful to you to go into your wives on the night of the fast; they are an apparel for you and you are an apparel for them; Allah knew that you acted unfaithfully to yourselves, so He has turned to you (mercifully) and removed from you (this burden); so now be in contact with them and seek what Allah has ordained for you, and eat and drink until the whiteness of the day becomes distinct from the blackness of the night at dawn, then complete the fast till night, and have not contact with them while you keep to the mosques; these are the limits of Allah, so do not go near them. Thus does Allah make clear His communications for men that they may guard (against evil).

- [44:2] I swear by the Book that makes manifest (the truth).
- [44:3] Surely We revealed it (Quran) on a blessed night (Al-Qadr) surely We are ever warning,
- [44:4] Therein every wise affair is made distinct,
- [44:5] A command from Us; surely We are the senders (of messengers),

- [44:6] A mercy from your Lord, surely He is the Hearing, the Knowing,
- [97:1] Surely We revealed it (Quran) on the grand night (Laylatil Qadr in Ramadan).
- [97:2] And what will make you comprehend what the grand night is?
- [97:3] The grand night is better than a thousand months.
- [97:4] The angels and Jibreel descend in it by the permission of their Lord for every affair,
- [97:5] Peace! It is till the break of the morning.

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