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## **Feeding Others**

الإطفام Feeding Others

## The Virtue of Feeding a Hungry Person

1– Imam Ali (a.s.) said, 'The nourishment of the body is food whilst the nourishment of the soul is feeding others.' [Mishkat al-Anwar, no. 325]

2- Imam Ali (a.s.) said, 'That which you yourself eat gets consumed whereas that which you feed others diffuses [i.e. the benediction in that sustenance].'[Ghurar al-Hikam, no. 9634]

3– Imam al-Baqir (a.s.) said, 'Verily Allah loves the feeding of food to others, and the spilling of blood [for His sake].'[al-Mahasin, v. 2, p. 143, no. 1370]

4– Imam al-Sadiq (a.s.) said, 'One of the things which gives one obligatory entrance into Paradise and forgiveness is feeding a starving person', then he went on to recite the verse of Allah in the Qur'an: "*or feeding [the needy] on a day of starvation*."[al-Mahasin, v. 2, p. 145, no. 1381]

5– Imam al–Sadiq (a.s.) narrated, 'Verily the Commander of the Faithful resembled the Prophet (S) the most in the way that he ate. He used to eat bread, vinegar and (olive) oil, and feed others bread and meat.'[al–Mahasin, v. 2, p. 279, no. 1901]

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