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## For Panic

Ja'far b. Hannan at-Ta'i narrated from Muhammad b. 'Abd Allah b. Mas'ud from Muhammad b. Muskan al-Halabi, who said: Abu 'Abd Allah, peace be upon him, said to one of his followers when the man had asked him: "O son of the Messenger of Allah, I have a daughter, and I am sorry and anxious for her since she is in a panic night and day. If you think it proper, pray to Allah for her well-being." He [al-Halabi] said: He prayed for her, then said: "Instruct her to open a blood vessel (*al-fasd*), for she will benefit by that."

From Abu Ja'far Muhammad al–Baqir, peace be upon him, that a believer complained to him and said: "O son of the Messenger of Allah, 1 have a bondmaid who is afflicted by winds." He replied: "Seek protection for her in the opening of the Book (the sura *al–Fatiha* (1)) and the two suras of taking refuge (*al–Falaq* (113) and *al–Nas* (114)) ten times. Then write it for her in a vessel in musk and saffron and give her to drink of it. Use it for her drinking, her ablution, and her washing, Do that for three days and Allah will remove it from her."

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