

Home > Islamic Medical Wisdom, The Tibb al-A'imma > For Severe Labour Pains and Difficulty in Childbirth

For Severe Labour Pains and Difficulty in Childbirth

Salih b. Ibrahim al–Misri narrated from Ibn Faddala from Muhammad b. al–Jahm from al–Munkhal from Jabir b. Yazid al–Ju'fi that a man came to Abu Ja'far al–Baqir, peace be upon him, and said: "O son of the Messenger of Allah, help me!" He [al–Baqir] said: "What is it?" He replied: "My wife in on the threshold of death from the severity of labour pains (*al–talq*)." He said: "Go and read over her:

And the birthpangs surprised her by the trunk of the palm tree (al-nakhla). She said. Would 1 had died ere this, and became a thing forgotten! But the one that was below her called to her: Nay, do not sorrow. See, thy Lord has set below thee a rivulet. Shake also to thee, the palm trunk, and there shall come tumbling upon thee dates fresh and ripe (19:23–5).

Then raise your voice with this verse:

And it is God who brought you forth from your mother's abdomen not knowing anything. He appointed for you hearing, and sight, and hearts, that haply so you will be thankful (16:78). Thus come out, O labour pains, Allah, the Exalted, willing.

She will recover immediately, with Allah the Exalted's help."

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