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Home > Islamic Medical Wisdom, The Tibb al-A'imma > For Winds

## **For Winds**

Muhammad b. Bukayr narrated from Safwan b. Yahya from al–Mundhir b. Haman from Muhammad b. Muslim and Sa'd al–Mawla, who both said: Abu 'Abd Allah al–Sadiq, peace be upon him, said: "All these winds are from the predominant bile (*al–mirra al–ghaliba*) or excessively heated blood or predominant phlegm. So a person should take care of himself before any of these natural constituents overcome and destroy him."

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