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Habit

العادة-Habit

1. The best worship is overcoming [a bad] habit.

2. Habit is second nature.

3. Habit is an enslaving enemy.

4. The bane of training [of the self] is the overpowering habit.

5. Through overpowering [evil] habits, there is attainment of lofty stations.

6. Superfluity [in speech] is one of the worst habits.1

7. Change your habits and acts of worship will become easier for you [to perform].

8. One who submits to his [evil] habits does not attain lofty stations.

9. Habit has authority over every human being.

10. Whoever makes jesting his habit, his seriousness is not known.

1. Or: Nosiness [and inquisitiveness about that which does not concern you] is one of the worst habits.

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